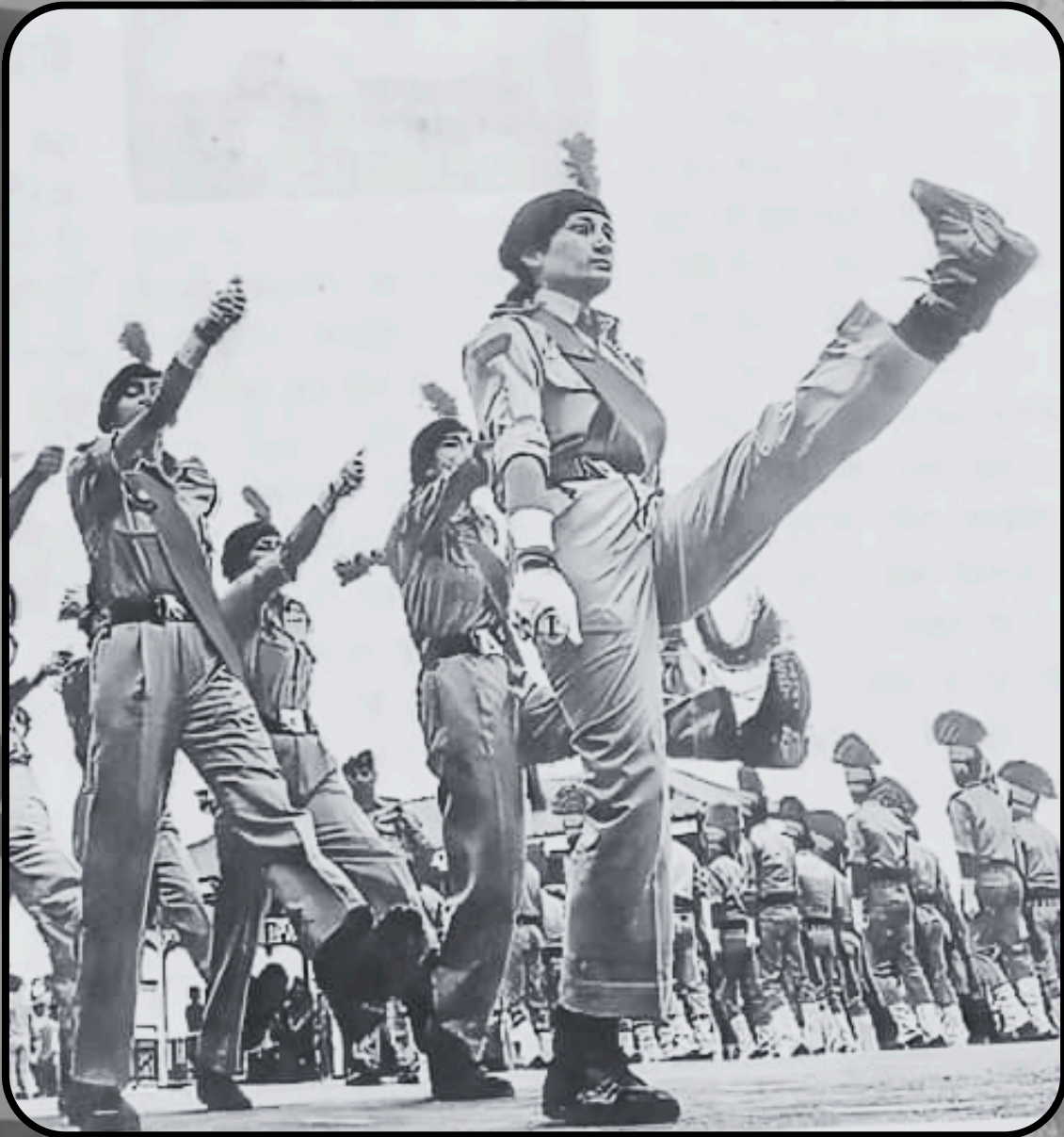




**NCC UNIT, ST. BEDE'S COLLEGE
UNDER 7 HP(I) COY SHIMLA**



VOL. 6

2026

P A R A K R A M

INTERNATIONAL YOGA DAY

On 21st June 2025, NCC cadets enthusiastically celebrated International Yoga Day by participating in yoga sessions held at the Indian Institute of Advanced Study and on the college campus. The cadets performed various yoga asanas and breathing exercises under expert guidance while also spreading awareness about the importance of yoga for physical and mental well-being. Through active participation and demonstrations, they encouraged students and staff to adopt yoga as a part of their daily routine. The event successfully promoted the values of health, harmony, and a balanced lifestyle among everyone present.





BASIC LEADERSHIP CAMP



From June 23rd to July 4th, 2025, Cadet Pooja Sharma of St. Bede's College participated in the Basic Leadership Camp (BLC) held at Malout, Punjab. She actively took part in sports, cultural activities, and interactive sessions with cadets from different regions, enhancing her leadership skills, confidence, and teamwork. Her dedicated efforts contributed to the success of the Shimla Group, which proudly secured the Best Group Award during the camp.



THAL SAINIK CAMP



From June 29th to July 20th, 2025, Cadet Aditi of St. Bede's College represented the institution at the prestigious Thal Sainik Camp (TSC) held in Nauri and Ropar. She displayed exceptional dedication and confidence while participating in rigorous training activities including drill, map reading, physical endurance, and obstacle tasks. Her commitment, resilience, and outstanding performance reflected the true spirit of NCC and brought pride to her college and unit.



CATC- 1

From July 14th to 24th, 2025, the NCC cadets of St. Bede's College participated in CATC-198 held at Sunni, where they showcased remarkable discipline, teamwork, and talent. The cadets secured 1st position in Group Dance and Solo Song, 2nd position in Group Song, Duet Dance, and Duet Song, along with 3rd position in Drill, bringing great pride to the institution. The camp also highlighted the leadership of SUO Pallak Chandel as Camp Senior, whose dedication and guidance contributed significantly to the team's success and strengthened the cadets' confidence, unity, and leadership skills.





CATC - 2

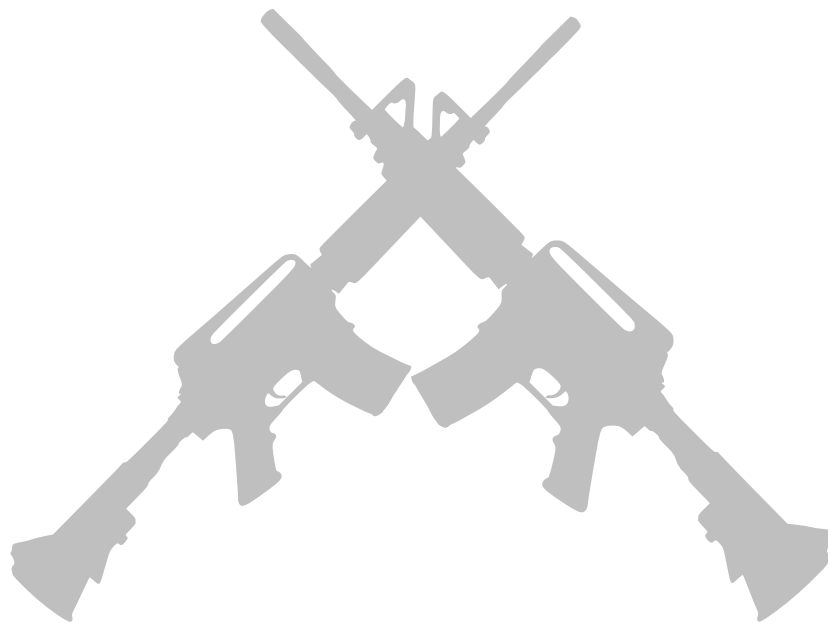


From July 25th to August 2nd, 2025, the NCC cadets of St. Bede's College participated in CATC-201 held at Sunni, where they displayed exceptional discipline, leadership, and cultural talent. The cadets won the title of Best Outstanding Cultural Performance, secured 3rd position in Drill, and Sgt Rakshita Chaturvedi along with Cdt Samrudhhi Raj Lakshmi Rana received the Overall Best Anchor Award for their confident stage presence. Under the leadership of Sgt Rakshita Chaturvedi as Company Commander, the company achieved the 2nd Runner-up Position overall, bringing great pride to the institution.



KARGIL VIJAY DIWAS

On 26th July 2025, the cadets of St. Bede's College participated in the Kargil Vijay Diwas celebration held at the Gaiety Theatre to honor the brave soldiers of the Indian Army who sacrificed their lives during the Kargil War of 1999. The event inspired patriotism, discipline, and respect among the cadets while reminding everyone of the courage and dedication of the armed forces towards the nation.





INDEPENDENCE DAY PARADE

On the occasion of Independence Day 2025, the NCC cadets of St. Bede's College proudly participated in the parade, displaying remarkable discipline, unity, and patriotism. Sergeant Manisha Thakur led the contingent as Contingent Commander for the second consecutive year, accompanied by Cadet Durgesh, Cadet Tia Sharma, and Cadet Pooja Sharma, whose dedication and teamwork brought great pride to the institution.



SUICIDE PREVENTION RALLY

On 19th September 2025, the NCC cadets of St. Bede's College organized a Suicide Prevention Rally from the college gate to Sanjauli Chowk to spread awareness about mental health and suicide prevention. Through placards, slogans, and public interaction, the cadets encouraged positivity, kindness, and emotional support, making the initiative impactful and socially meaningful.

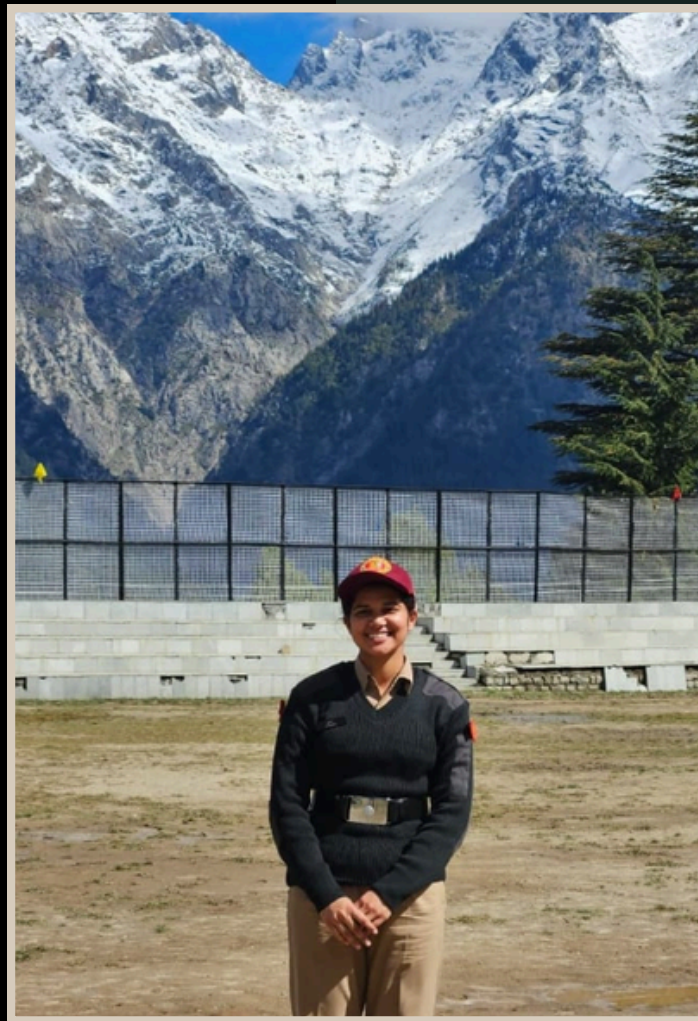




VIBRANT VILLAGE CAMP



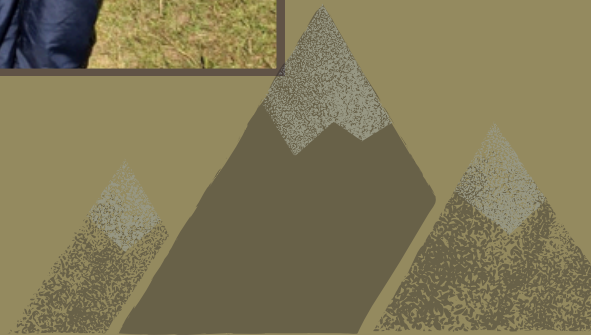
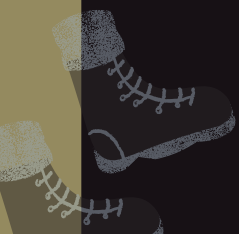
From October 6th to 15th, 2025, Cadet Durgesh participated in the Vibrant Village Camp at Kalpa, Kinnaur, where she explored local culture, traditions, and village life through treks, interactions, and educational visits. She also took part in sports and cultural activities, securing 1st position in Tug of War and 3rd position in Group Song with her team, while the overall experience enhanced her confidence, discipline, teamwork, and understanding of life in border areas.





ROCK CLIMBING TRAINING CAMP

From 12th to 17th October 2025, Sergeant Vasundhara Sharma and Cadet Ashana Mehta of St. Bede's College attended the Rock-Climbing Training Camp (RCTC) at Pithoragarh, Uttarakhand, where they participated in activities like rappelling, artificial rock climbing, and jumaring. The camp enhanced their confidence, endurance, and teamwork, while Sgt. Vasundhara Sharma won the Gold Medal for Best Anchor and Cdt. Ashana Mehta received a Memento for Best Cadet among all participating directorates.



IGC (RDC)



Cadet Tia Sharma of St. Bede's College proudly represented her college by participating in the RDC 2026 selection camps in the Cultural Category, including Pre IGC-1 at Dalhousie, Pre IGC-2 at Baddi, and the Inter Group Competition at NCC Academy, Ropar. Through her enthusiastic participation in cultural events and disciplined performances, she showcased dedication, talent, and commitment, bringing pride to both her college and unit.





NCC CARNIVAL

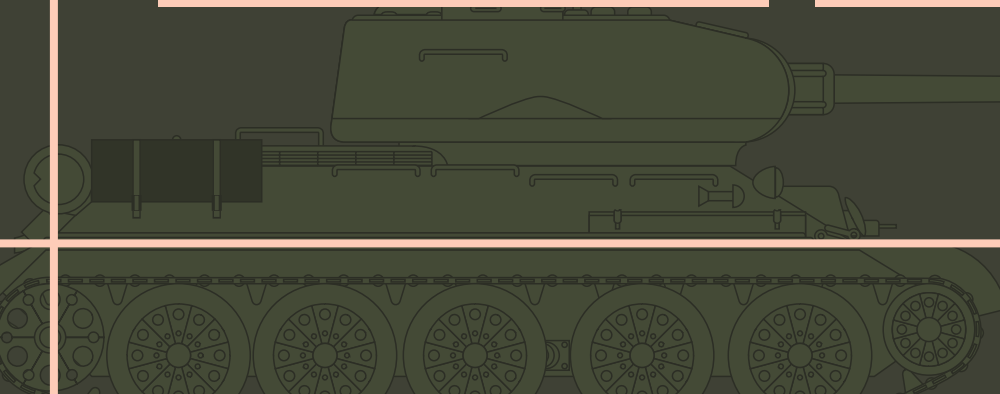
On 15th October 2025, an NCC Carnival was organised at the college with enthusiastic participation from colleges of the 7 HP Independent Company. The event featured cultural performances, food and game stalls, and various engaging activities that promoted teamwork, leadership, unity, and coordination among cadets while creating a vibrant and memorable experience for everyone present



ARMY ATTACHMENT CAMP



From 27th October to 7th November 2025, Sergeant Rakshita Chaturvedi, Sergeant Manisha Thakur, and Cadet Chyriel Thomas of St. Bede's College participated in the Army Attachment Camp with the 21 Rajput Battalion at Mamun Cantt, Pathankot. The camp provided valuable exposure to military life, including visits to Artillery, Armored, and Engineer units, drill and firing practice, and training with advanced military equipment, enhancing the cadets' discipline, confidence, and understanding of the Indian Army.



STATE RDC

From 18th to 27th January 2026, Cadet Tia Sharma of St. Bede's College participated in the State Republic Day Camp (CATC-259) at GSSS Khalag, Jubbarhatti. She was selected for the prestigious Republic Day parade contingent at the historic The Ridge and also underwent weapon training and firing practicals, showcasing dedication, discipline, and excellence while bringing pride to her college.



BEE CERTIFICATE EXAM

On 7th and 8th February 2025, the 2nd Year NCC cadets of St. Bede's College appeared for the NCC Practical and BEE Certificate Examinations held at Rajiv Gandhi Government College. The examinations included drill, map reading, field craft, weapon training, communication, interviews, and written tests, reflecting the cadets' discipline, dedication, and commitment towards NCC training and certification.



CEE CERTIFICATE EXAM

On 14th and 15th February 2025, the NCC cadets of St. Bede's College appeared for the prestigious CEE Certificate Examination, showcasing their skills in drill, field craft, map reading, weapon training, and leadership. Through rigorous practical and theoretical assessments, the cadets demonstrated exceptional discipline, teamwork, confidence, and commitment towards NCC training and values.



CLEANLINESS DRIVE

On 22nd February 2026, the NCC cadets of St. Bede's College, Shimla, organized a cleanliness drive at Khalini in collaboration with the cadets of Rajiv Gandhi Government Degree College. Through active participation, teamwork, and responsible waste disposal, the cadets successfully promoted environmental awareness, cleanliness, and the spirit of community service



NCC RAISING DAY

On 9th March 2026, the NCC cadets of St. Bede's College, celebrated the 6th Raising Day of the college NCC unit with an impressive drill parade and vibrant cultural performances showcasing discipline, teamwork, and dedication. The event was graced by Lt. Col. Sanjay Panwar, whose inspiring address motivated cadets to uphold the values of courage, leadership, and service to the nation.

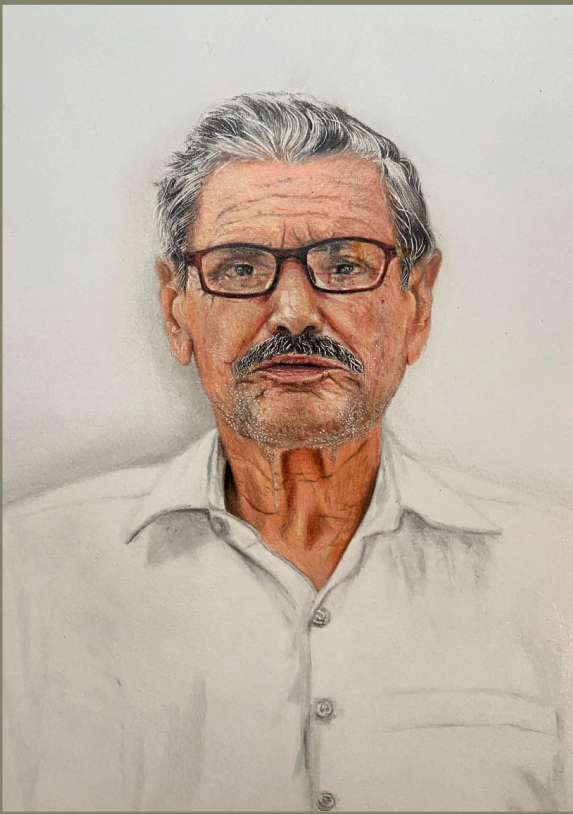


SELF DEFENCE WORKSHOP

On 9th March 2026, a Self-Defense Workshop was organized for the NCC cadets of St. Bede's College, Shimla, by STRIKE, India's first self-defense training company. Through practical demonstrations and hands-on training, the workshop enhanced the cadets' confidence, awareness, quick response skills, and ability to handle real-life challenging situations effectively.



SPARK SPOT



CDT JASMEEN



CDT SERENE CHANDEL

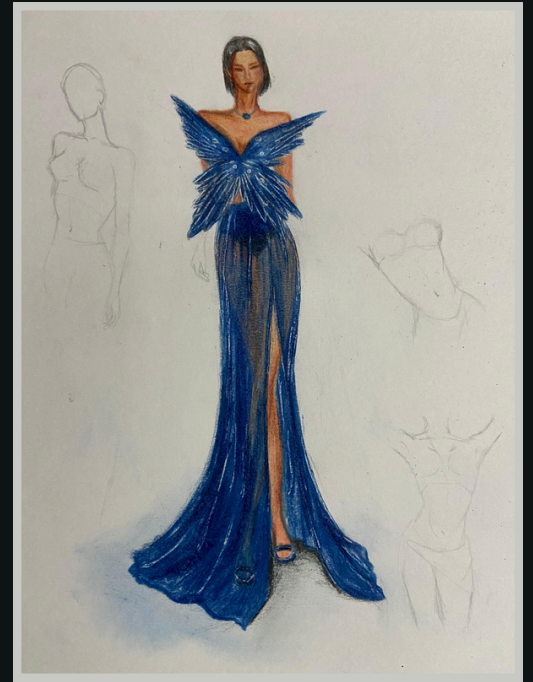
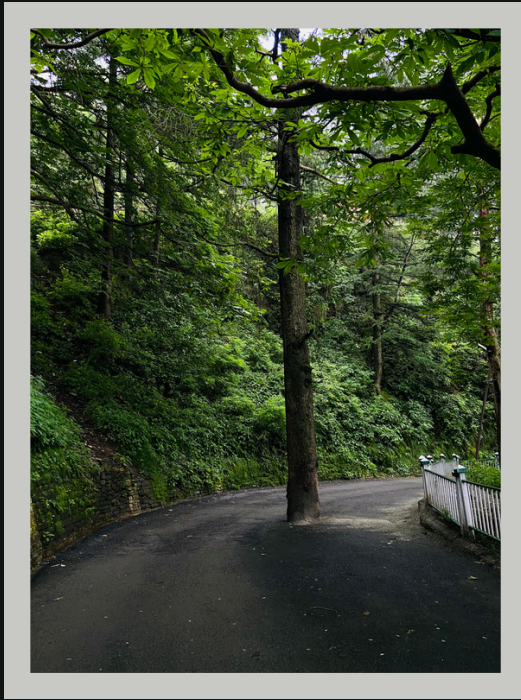


CDT BHUMI AGRAWAL

Oh to write you need to read ,
Oh to read you need to understand ,
Oh to understand you need to feel ,
Oh to feel you need the damage,
Oh to cure you need to write.....

Created with Mi Notes

CDT SHIVANGI SHARMA



CDT JASMEEN

क्या होता अगर मैं फूल होती
कुछ लोग देख मुस्काते
कुछ उस से प्रिय को मनाते
और कुछ यू ही
हात से गिरा कर,
कुचल कुछ आगे भड जाते

Created with Mi



CDT TRISHA VERMA

CDT DURGESH

माँ

मेरी माँ सबसे प्यारी है, इस जहाँ मे मुझको,
मै हस्ती हू तो खुश हिती है,
रोती हू तो साथ बैठ के रो देती है,
तू ऐसी कैसे हे माँ।

कभी तो तू भी थी मेरे जैसी ही,
कुछ अनगिनत से सपनो के संग रहने वाली,
अब जब भी पूछती हू कि माँ तुम क्या चाहती हो,
हाँ कर, हर बार एक ही बात को केहती हो,
तुम कहीं अच्छे मुकाम पे पहुँच जाओ,
पर माँ तू सब कुछ भूल गई, तू क्या चाहती थी।

माँ, तू माँ बनी वो कैसा एहसास था,
तू खुश हुई थी? देख कर, मेरे नन्हे हाथों को,
मै जब भी दुःख मे होती हू बस तुझे पुकार के रोती हू,
तू याद बहुत आती है जब दुनिया कम भाती है,
मै हस्ती हू तो खुश हिती है,
रोती हू तो साथ बैठ के रो देती है,
तू ऐसी कैसे हे माँ।

Created with Mi Notes



CDT ABEERA RANTA



CDT DURGESH

ACHIEVEMENTS

Cadet Tia Sharma of St. Bede's College, proudly represented her college and unit in the RDC 2026 Cultural Category through her participation in various selection camps. She successfully attended Pre IGC-1 at Dalhousie, Pre IGC-2 at Baddi, and further advanced to the Inter Group Competition held at NCC Academy, Ropar, Punjab. Throughout these camps, she actively participated in cultural events and showcased remarkable talent, confidence, and dedication. Her disciplined approach, consistent efforts, and enthusiastic performances brought pride to the college and reflected the true spirit and values of NCC.



Sergeant Manisha Thakur of St. Bede's College brought immense pride to the institution by being appointed as the Contingent Commander for the Independence Day Parade 2025 for the second consecutive year .

Her exceptional leadership, precision in drill, discipline, and exemplary conduct reflected the highest standards and traditions of NCC. Leading the contingent with confidence and dedication, she played a significant role in showcasing patriotism, unity, and team spirit during the parade, making the occasion a proud and memorable achievement for the college.



**Patron:
Sr. Rosily T.L.
Principal
St. Bede's College, Shimla**

Student Editor:

**Cadet Durgesh
Cadet Jasmeen
Cadet Bhumi Agrawal**

Staff Editor:

Dr.Ashwani Kumar

